

Local Wellness Policy: Triennial Assessment Summary

Section 1: General Information

Schools Included in the assessment: Brockett Elementary
Fuller Elementary
Monaco Elemenatary
AubreyMiddle School
Aubrey High School

Month and year of the assessment: April 2021
 Date of last Local Wellness Policy revision: April 2021
 Website address for the wellness policy and/or information on how the public can access a copy: <https://aubreyisd.net>

Section 2 : Wellness Committee Information

The School wellness committee meets : **At least four times a year**

Designated School Wellness Leader

Name	Job Title	Email Address
Sherri Clement	Child Nutrition Director	sclement@aubreyisd.com

School Wellness Committee Members

Name	Job Title	Email Address
Carrie Jackson	Counselor/Co Chair	cjackson@aubreyisd.net
Shannon Saylor	Assistant Supt.	ssaylor@aubreyisd.net
Scott Collins	AISD Chief of Police	scollins@aubreyisd.net
Pamela Foster	Assistant Principal	pfoster@aubreyisd.net
Teana Coffman	Counselor	tcoffman@aubreyisd.net
Tabatha Hellman	Counselor	thellman@aubreyisd.net
Susan Hollway	Counselor	sholloway@aubreyisd.net
Lisa Griffin	Counselor	lgriffin@aubreyisd.net
Tina Milacek	Counselor	tmilacek@aubreyisd.net
Jessi Whitfield	Counselor	jwhitfield@aubreyisd.net
Monica Molinar	ESL/Migrant Director	mmolinar@aubreyisd.net
Sandy Underwood	District RN	sunderwood@aubreyisd.net
Cindy Snyder	District RN	csnyder@aubreyisd.net
Parents and community members.		

Section 3: Wellenss Policy-Assigned Responsibilities

Development	SHAC Committee
Implementation	Principals
Assessment	Sherri Clement, CND
Updates	SHAC Committee

Section 4: Marketing

Current Marketing:	is established by Flyers, Posters in the lunch room, www.aubreyisd.net Website/FB postings
Future Marketing:	Continue all current and add Principals Newsletter

Section 5: Records Retention

Information is available on the wellness shared document folder

Section 6: Goals Progress

Goals	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Goal 1: District staff promote healthy nutrition messages in cafeteria, classrooms and other appropriate settings	X			Nutritional information posters, flyers, web/FB postings, information in the classrooms to promote healthy lifestyle. Next Steps: Continue and increase awareness through these measures.
Goal 2: District shall share educational nutrition information with families, general public to promote healthy nutrition choices and positively influence students	X			Sharing Nutritional education information through posters, flyers, website and fb. Next Step: Add information in campus newsletters and in district app.
Goal 3: The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.	X			Health and science classes, and other school health programs are teaching nutrition education to students. Next Steps: Continue to deliver the nutritional education in classes.
Goal 4: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students.		X		Physical Fitness include Walk a thon, outside play, and athletic activities. Due to Covid the activities were limited. Next steps: To promote activities in the school day with developmental appropriate activities
Goal 5: The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District		X		Team Walking Contest for staff , Drug Awareness Training. Due to Covid the activities were limited. Next steps: to continue continue with activities throughout the year to promote a life long healthy atmosphere.
Goal 6: The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.	X			School campuses schedule a 30 minutes uninterrupted time for students to enjoy their breakfast and lunch meals in the daily schedule. Next Steps: Continue the uninterrupted breakfast and lunch times.